



St HELEN'S CHURCH
ABINGDON-ON-THAMES

Sung Eucharist in Ordinary Time



Welcome to St Helen's Church. If you are new to St Helen's and would like to make this your church home, please complete one of the cards which can be found in the pews or at the welcome desk.

Our service today is a Eucharist, or service of Holy Communion. If you are visiting with us today and you would normally receive communion in your home church, you are very welcome to the Lord's table here. If you do not wish to receive bread and wine, we invite you to come forward during the giving of communion to receive a blessing. Please bring this booklet with you as an indication that you would like a blessing. Gluten-free communion wafers are available, please just let the welcome desk know if you need gluten-free.

Coffee is served after the service on most Sundays. Please do join us for this time of fellowship.

Find out more about us at
<https://abingdonparish.org.uk/StH/StH.html>.

The Eucharist in Ordinary Time

*The choir and clergy enter while a hymn is sung.
As you are able, please remain standing.*

The Greeting

The president greets the people

The Lord be with you

All **and also with you.**

Then, this prayer may be said

All **Almighty God,**

to whom all hearts are open,

all desires known,

and from whom no secrets are hidden:

cleanse the thoughts of our hearts

by the inspiration of your Holy Spirit,

that we may perfectly love you,

and worthily magnify your holy name;

through Christ our Lord. Amen.

Prayers of Penitence

A minister gives the invitation to confession

God so loved the world

that he gave his only Son Jesus Christ

to save us from our sins, to be our advocate in heaven,

and to bring us to eternal life.

Let us confess our sins in penitence and faith,

firmly resolved to keep God's commandments

and to live in love and peace with all.

All **Almighty God, our heavenly Father,
we have sinned against you and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us, forgive us all that is past
and grant that we may serve you in newness of life
to the glory of your name. Amen.**

The president says the words of absolution after which all say
All **Amen.**

The Gloria is sung

All **Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.**

The Collect

The president introduces a period of silent prayer with the words 'Let us pray'

The collect is said and all respond:

All **Amen.**

Readings

Please sit for the readings. At the end of each the reader may say

For the gift of the word:

All **Thanks be to God.**

First reading.

The psalm (the words to the psalm can be found in the news sheet).

Second reading.

A Gradual hymn is sung before the Gospel. After the hymn, as you are able, please remain standing.

Gospel Reading

An acclamation may herald the Gospel reading.

Alleluia, alleluia, alleluia.

All **Alleluia, alleluia, alleluia.**

Speak, Lord, for your servant is listening.

You have the words of eternal life.

All **Alleluia, alleluia, alleluia.**

When the Gospel is announced the reader says

Hear the Gospel of our Lord Jesus Christ according to N.

All **Glory to you, O Lord.**

At the end

This is the Gospel of the Lord.

All **Praise to you, O Christ.**

Sermon

Please sit for the sermon.

The Creed

As you are able, please stand for the Creed.

All **We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten of the Father,
God from God, Light from Light,
true God from true God, begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism
for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Prayers of Intercession

Please sit or kneel for the intercessions.

These responses may be used

Lord, in your mercy (or) Lord, hear us.

All **hear our prayer.**

All **Lord, graciously hear us.**

And at the end

Merciful Father, **accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.**

The Peace

As you are able, please stand. The president introduces the Peace

We are all one in Christ Jesus.

We belong to him through faith,

heirs of the promise of the Spirit of peace.

The Peace of the Lord be always with you.

All **and also with you.**

Let us offer one another a sign of peace.

All may exchange a sign of peace.

Preparation of the Table

An Offertory hymn is sung during which a collection may be taken. After the hymn, as you are able, please remain standing. It is customary to stand for the whole of the Eucharistic Prayer, but please stand or kneel, as best helps you to pray.

The Eucharistic Prayer

The president says

The Lord be with you

All **and also with you.**

Lift up your hearts.

All **We lift them to the Lord.**

Let us give thanks to the Lord our God.

All **It is right to give thanks and praise.**

The president recalls the saving works of God (on some occasions an additional short preface may be added)

Father, you made the world and love your creation.

You gave your Son Jesus Christ to be our Saviour.

His dying and rising have set us free from sin and death.

And so we gladly thank you,

with saints and angels praising you, and singing:

All **Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The president recalls the Last Supper

We praise and bless you, loving Father,
through Jesus Christ, our Lord;
and as we obey his command,
send your Holy Spirit,
that broken bread and wine outpoured
may be for us the body and blood of your dear Son.
On the night before he died he had supper with his friends
and, taking bread, he praised you.
He broke the bread, gave it to them and said:
Take, eat; this is my body which is given for you;
do this in remembrance of me.
When supper was ended he took the cup of wine.
Again he praised you, gave it to them and said:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.
So, Father, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.
Bringing before you the bread of life and cup of salvation,
we proclaim his death and resurrection
until he comes in glory.

Great is the mystery of faith:

All **Christ has died:**
Christ is risen:
Christ will come again.

Lord of all life,
help us to work together for that day
when your kingdom comes
and justice and mercy will be seen in all the earth.
Look with favour on your people,
gather us in your loving arms
and bring us with [N and] all the saints
to feast at your table in heaven.
Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit,
all honour and glory are yours, O loving Father,
for ever and ever.

All **Amen.**

As our Saviour taught us, so we pray

All **Our Father in heaven, hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven. Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation but deliver us from evil.
For the kingdom, the power, and the glory are yours
now and for ever. Amen.**

Breaking of the Bread

The president breaks the consecrated bread.

We break this bread
to share in the body of Christ.

All **Though we are many, we are one body,
because we all share in one bread.**

The Agnus Dei is sung or led by the choir

Lamb of God, you take
away the sin of the world,
have mercy on us.

Lamb of God, you take
away the sin of the world,
have mercy on us.

Lamb of God, you take
away the sin of the world,
grant us peace.

(or)

Jesus, Lamb of God,
have mercy on us.

Jesus, bearer of our sins,
have mercy on us.

Jesus, redeemer of the
world, grant us peace.

The President gives the invitation to Communion

Jesus is the Lamb of God

who takes away the sin of the world.

Blessed are those who are called to his supper.

All **Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

*The choir sings an anthem while the congregation receives
Communion, after which a hymn is sung.*

After the hymn, as you are able, please remain standing.

Prayer after Communion

The president may say the post-Communion prayer after which all respond

All **Almighty God,**
 we thank you for feeding us
 with the body and blood of your Son Jesus Christ.
 Through him we offer you our souls and bodies
 to be a living sacrifice.
 Send us out in the power of your Spirit
 to live and work to your praise and glory.
 Amen.

The Blessing

The President gives the blessing.

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All **Amen.**

Please sit for the notices.

A minister says

Go in peace to love and serve the Lord.

All **In the name of Christ. Amen.**

Additional Material for Saints' Days & Harvest

For Saints Days

Invitation to confession

The saints were faithful unto death
and now dwell in the heavenly kingdom for ever.
As we celebrate their joy, let us bring to the Lord
our sins and weaknesses, and ask for his mercy.

Gospel Acclamation

I have called you friends, says the Lord,
for all that I have heard from my Father
I have made known to you.

Introduction to the Peace

May the God of peace sanctify you:
may he so strengthen your hearts in holiness
that you may be blameless before him
at the coming of our Lord Jesus with his saints.

Short Preface

And now we give you thanks
that your glory is revealed in [N and] all the saints.
In their lives you have given us
an example of faithfulness to Christ.
In their holiness we find encouragement and hope.
In our communion with them
we share the unity of your kingdom.

Blessing

God give you grace to follow his saints
in faith and hope and love; and the blessing of God ...

For Harvest

Invitation to confession

Let us confess our forgetfulness of the needs of the poor,
and repent of the ways in which we waste the resources of
the world.

Gospel Acclamation

Lift up your eyes, and see that the fields
are ripe for harvesting.
Gather the fruit for eternal life.

Introduction to the Peace

The harvest of the Spirit is love, joy, peace,
patience, kindness, goodness,
faithfulness, gentleness and self-control.

Short Preface (contemporary language)

And now we give you thanks because you make us
stewards of your creation, to praise you day by day
for the marvels of your wisdom and power.

Blessing

May God our creator, who clothes the lilies
and feeds the birds of the air, bestow on you his care
and increase the harvest of your righteousness;
and the blessing of God Almighty...

Dismissal

Tend the earth, care for God's good creation
and bring forth the fruits of righteousness.
Go in the peace of Christ.

All **Thanks be to God.**

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Please leave this booklet in church to be used again. Thank you.